

ABOUT PRS

Poplar Ridge Stables is a ministry of Christian Children's Home of Ohio. All sessions are taught in a faith-based environment where Jesus is Lord. This faith is lived and exemplified by staff, and it is our prayer that all who participate in Poplar Ridge programs will draw closer to Him through their experience with us.



PRS offers two main types of programming. The *Reins for Life* program is therapeutic in nature. Reins for Life offers treatment for those physically, mentally, emotionally, or socially handicapped. Therapy is led by trained, certified instructors who love God, love others, and love horses.

Ridge Riders is a recreational program, offering day and overnight camps, individual and group riding lessons, trail and arena rides, and more.



Address:
2685 Armstrong Rd.
PO Box 765
Wooster, OH. 44691

Directors:
John Plegge: 330-749-2149
Carla Plegge: 330-464-3380

Website: www.ccho.org
Email: stables@poplaridge.org



**CHRISTIAN CHILDREN'S
HOME OF OHIO**

Bringing healing to hurting children
and families . . . In His name

REINS FOR LIFE

Poplar Ridge Stables “Reins for Life” is a place where professional therapy, and personal growth are facilitated by a great team of two and four-legged therapists.

Equine-assisted therapy is a technique where horses are used as tools to assist in establishing emotional growth and learning. Being experiential in nature, a more of the therapeutic experience is retained compared to a traditional setting. It is a cognitive-behavioral approach to therapy, and is useful to treat ADD/ADHD, Conduct Disorders, Separation Disorder, Reactive Attachment Disorder, Trauma, Bipolar, General Anxiety Disorder, Adjustment Disorders, Oppositional Defiant Disorder, Substance Abuse, and more.

For clients with physical disabilities, the focus is on strengthening muscle groups, increasing flexibility and range of motion, stimulating little-used nerves, and improving balance and coordination. Equine therapy has proven extremely beneficial to accident victims, Cerebral Palsy, muscle disorders and diseases, and other disabilities.

Educational programming that meets State of Ohio Academic Content Standards is also available.

RIDGE RIDERS

Learn grooming, saddling, arena and trail riding skills in an exciting and safe environment open to individuals and groups of all ages. Whether you are an experienced rider or a beginner, PRS has a horse and a program suited to your abilities. Our guides take extra care to prepare you for your ride, and provide pointers on how to control your horse and negotiate the trails.



Trail Rides



Individual Rides



Family and Group Rides



Riding Lessons



Arena Rides



Camps



Day Camps



Overnight Camps



Birthday parties, scout troops, and other groups welcome.

Come! Unwind, take in hours of beautiful trails where you can relax, enjoy the wildlife and beautiful scenery while traveling the many trails and varied terrains on our 165 acres.

FACILITIES



Heated, lighted indoor arena



Miles of Trails on 165 acres



Outdoor arena



Pastures



Century barn



CREDENTIALS



North American Riding for the Handicapped Assoc. (NARHA) Member



Equine Assisted Growth and Learning Association (EAGALA) Member



Trained volunteers



Directors have nearly two decades of experience working with special needs children